

# Is your Nation prepared?

Mitigate the effects of unexpected events by implementing preventative measures. We will create specific emergency plans for your nation, culturally appropriate to meet First Nation needs. We are confident that each client we work with comes away better aware and better prepared through our planning and training services.



## Our comprehensive plans cover:



**BUSINESS  
CONTINUITY**



**SEVERE  
WEATHER**



**HAZARD  
IDENTIFICATION**



**RISK  
ASSESSMENT**

**Napier Emergency Consulting leverages our wealth of expertise and experience to provide top quality service to First Nations across Canada.**



**SHELLEY NAPIER**

Managing director with 37 years of experience



**PATRICIA MARTEL**

PhD in Emergency Management and 16 years of experience

**25+** YEARS OF EXPERIENCE

**500** SUCCESSFUL TRAINEES

**20+** COMMUNITIES WORKED WITH

We offer webinars on a variety of topics tailored for your Nation.



## The highest standards

Our team, headed up by Shelley Napier and Patricia Martel, works alongside the Canadian Red Cross to prepare user friendly emergency plan templates that meet all legislation, regulation and standards.

## An array of expertise

Each client is assessed and staff is assigned to the client based on expertise needed. Each of our staff has a long and varied career in emergency planning inclusive of business continuity, effects of trauma in communities, exercise design, and media relations.

## What is psychological first aid (PFA)?

PFA is a technique designed to reduce the occurrence of post-traumatic stress disorder. The Psychological First Aid course equips learners in developing a personal understanding of the effects of stress, loss, trauma and grief on others, with emphasis on self-care and personal protection.



## What is community trauma?

A traumatic event is any event that causes you to experience unusually strong emotional reactions that might get in the way of your ability to return to daily activities.

**Some examples include:**



**ACTUAL/PERCEIVED  
THREAT TO LIFE**



**SEVERE HARM  
OR INJURY**



**WITNESSING A DEATH  
OR SERIOUS INJURY**



**ACCIDENTALLY  
CAUSING HARM**



**We can help your community.**

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